

Department of Dance Injury Policy

Due to the physical nature of movement classes, injuries will sometimes occur in the classroom. In the event of injury in the classroom, the instructor should halt class activity for a moment to check in with the injured student.

If the injury is minor, the instructor will direct the injured student to the classroom first aid kit. Basic first items, such as bandages and ice packs, are located in the first aid kits. If the student is unable to participate in the rest of the class, they should be instructed to take notes to turn in at the end of class. The instructor should encourage the student to contact Student Health Services at 319-335-8394 if the injury persists.

In the event of serious injury requiring medical assistance, please instruct the student, if they are able, to call Student Health Services at 319-335-8394 for an appointment or 911. Instructors could also make these phone calls if the injured student is not able. All incidents requiring medical assistance should be reported by the instructor and injured student on the Incident Report Form, available in the main office or by email from Molly Dahlberg at molly-dahlberg@uiowa.edu. It is not necessary that the form be completed during class time. This form can be completed at a later date and returned to the main office for filing with Risk Management.

Injuries that require students to sit out or be absent from multiple classes may require accommodations specific to the student's situation. In these circumstances, the student should communicate with their technique teacher(s) to develop a collective plan for class participation/makeups that takes into consideration:

- whether the injury is short-, mid-, or long-term
- whether the injury was incurred at the beginning, middle, or end of the semester
- whether the student is able physically to participate partially in class (for example by doing barre but not center, floor work only, or port de bras only)
- coordination with a PT to execute exercises that can be done during class
- additional work to supplement missed classwork such as a research paper or detailed notes on class observations

If a student is unable to physically participate in 1/3 or more of classes (5 weeks of class in the semester), it will be recommended that the student take a medical drop to avoid a reduced or failing grade. The student should contact the CLAS Undergraduate Programs at clas-undergrad@uiowa.edu to request assistance for a medical drop.